



# NEUROLOGIC MUSIC THERAPY (NMT)®

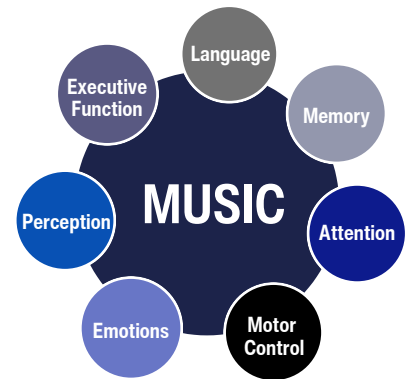
The Academy for Neurologic Music Therapy®

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## WHAT IS NEUROLOGIC MUSIC THERAPY (NMT)® ?

Neurologic Music Therapy (NMT)® is an evidence-based clinical treatment system of 20 techniques that is driven by the advances in neuroscience and the understanding of music perception, production, and cognition, and the influence of music on non-musical brain and behavior function. The Academy of NMT is an institutional member of the the World Federation of Neurorehabilitation (WFNR), and all training is endorsed by WFNT, the European Federation of Neurorehabilitation Societies (EFNS), and the International Society for Clinical Neuromusicology (CNM). The NMT Academy is approved by the U.S. Certification Board of Music Therapy (CBMT) as an advanced provider for Continuing Music Therapy Education credits.



## WHO CAN DO NMT?

A neurologic music therapist is a music therapist with advanced professional training in a standardized system of clinical techniques that use the functional perception of all properties of music to train and retrain brain and behavior function. All training in NMT is done through the Academy of Neurologic Music Therapy which maintains six affiliation categories that define representation, responsibility, and the level of expertise and engagement in the advance practice of NMT: Neurologic Music Therapist, NMT Fellow, NMT Scholar, Allied Professionals, NMT Educators, and Students (<https://nmtacademy.co/affiliation-standards-and-guidelines/affiliation-categories/>). Since 1999, the world renowned Academy faculty has trained over 6000 Neurologic Music Therapist and currently NMTs are practicing in 67 countries worldwide (<https://nmtacademy.co/about-us/faculty-and-staff/>).

## WHAT POPULATIONS DO NMT'S WORK WITH?

NMTs work with many populations including, but not limited to stroke, traumatic brain injury, Parkinson's and Huntington's disease, cerebral palsy, Alzheimer's disease, autism, mental health disorders, and other neurological diseases affecting cognition, movement, communication, and psychosocial function.

## WHEN WOULD I CHOOSE AN NMT?

NMTs work on functional non-musical goals through structured musical interventions in neurologic rehabilitation, neuropsychiatric, and neurodevelopmental settings. They often work in conjunction with other health care professionals including physical therapists, speech/language pathologists, occupational therapists, neuropsychologists, and neurologists in order to address rehabilitative, adaptive, and developmental goals. Allied Professionals who have taken the NMT training may also use the principles and NMT techniques within their own professional scope of practice.

## HOW DO I FIND AN NMT?

The NMT Academy Affiliate Roster lists all current NMTs by Name and Residents, making it easy to search for an NMT in your area. You can also make a request for specific NMT services at <https://nmtacademy.co/request-nmt-services/>.